Manchester Dementia Clinical Research Group

Institute of Brain, Behaviour and Mental Health

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For people with dementia and their caregivers, we aim to:
• enhance detection, diagnosis and ongoing assessment
• develop therapeutic interventions to improve outcomes
• engage in multidisciplinary and mixed methodology research
• bridge the gap between academic and clinical settings

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**INVEST**

IN IN PARKINSONIAN DEMENTIAS

• **Opportunity**: Parkinsonian dementias (PDD and DBL) are treated pharmacologically; using psychosocial interventions is has yet to be explored.

• **Approach**: We have adapted caregiver-delivered individual Cognitive Stimulation Therapy (iCST) for people with Parkinsonian dementias.

• **Method**: Using a single-blind feasibility study, we are comparing outcomes for those receiving iCST compared to ‘treatment as usual’; cognitive, neuropsychiatric, social and qualitative outcomes are being assessed.

• **The future**: This will lead to a full-scale multi-centred RCT of a new psychosocial intervention for complex dementias.

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